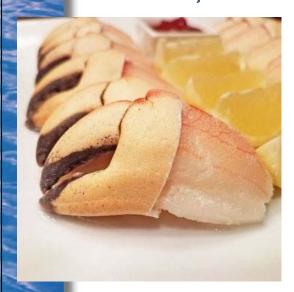
# Cap Off Rock Crab Claws



#### ITEM # 46022112

Seatech's cap off rock crab claws are packed from fresh cooked crab and are quickly flash frozen to lock in the natural sweet briny flavor of the sea. Our cocktail claws are all natural with no additives or preservatives.

#### **Product Information**

- Cooked ready to eat
- Frozen
- Count 18-22 / Lb.
- Pack 10X2 Lb.
- Compliant with USDA's Country of Origin Labeling (COOL) requirements
- Product of Chile
- Wild Caught and sustainable artisanal fishery
- Ingredients: Crab Claws

Nutrition Facts	
Serving Size 3 OZ, (85 g) 3	3 oz
Amount Per Serving	
Calories 70 Calories from Fat 5	
Total Fat0.8g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 370mg	15%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugar 0g	
Protein 16g	
Vitamin A 6% • Vitamin C	3%
Calcium 5% • Iron	0%
Percentage Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

#### **Preparation And Cooking**

Cooked ready to eat. Thaw precooked mussel meat and add to your favorite recipes that call for mussels.

#### Storage And Food Safety

Keep frozen at or below 0°F (-18°C) until ready to use. To thaw place in a colander and place in refrigerator below 38°F (3°C) for 8-10 hours. For a quick thaw put in a colander and place under cold running water until thawed.

### **Fishery Information**

Artisanal sustainable fishery. Single line pot caught.

The 2,650 mile Chilean coastline is a resource rich with many species of fish and shellfish

## For additional information contact

Seatech Corporation Phone: (425) 835-0312

Email: todd@seatechcorp.com www.seatechcorp.com

